



16 66 94
Average Contents
135
Seeds



SUTTONS KOHL RABI
Lanro

- For soups, salads or coleslaw
- Cook whole like turnips or shred or grate

■ Sow ■ Plant out ■ Harvest

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec

SOWING AND GROWING

For container growing - sow thinly, direct into the compost. For raised beds try sowing in 30cm (12") squares spacing a few seeds every 15cm (6"), 1cm (1/2") deep. (Thus you will have finally 4 plants per square.) As the seedlings emerge remove spare seedlings to leave one per station. Alternatively sow in rows 40cm (15") apart.

Sowing → Cropping- 8-10 weeks.

HEALTHY EATING

A useful source of Vitamin C, Potassium and dietary fibre.



Quality Control: This seed has been carefully tested to ensure high germination. Prior to use, store in a dry cool place.
Important: F1 Hybrid seed is expensive to produce and should be handled with care.
Standard Seeds.
EC rules and standards.
SUTTONS SEEDS
PAIGNTON, ENGLAND
www.suttons-seeds.co.uk

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