


15 22 14  
Average Contents  
**250**  
Seeds



BY APPOINTMENT TO  
HER MAJESTY THE QUEEN  
SEEDS  
SUTTONS CONSUMER  
PRODUCTS LIMITED

**SUTTONS** BROCCOLI SPROUTING  
(Calabrese) Autumn Spear

- Tasty, healthy vegetable
- Side shoots follow main head
- Steam cook to retain nutrients


■ Sow    ■ Plant out    ■ Harvest

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec

**SOWING AND GROWING**

Sow thinly direct into a finely raked seedbed at a depth of 13mm (½") (Germination 7-12 days). Transplant plants with a trowel or a dibber when large enough to handle allowing 38cm (15") between plants each way. Water well during spells of dry weather. Try protecting with fleece to prevent cabbage butterfly attacks. Cut heads before flowers begin to open.

**HEALTHY EATING**  
High in Vitamins A, C and Iron. An antioxidant.



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**Quality Control:** This seed has been carefully tested to ensure high germination. Prior to use, store in a dry cool place.

Standard Seed.  
EC rules and standards.  
SUTTONS SEEDS  
PAIGNTON, ENGLAND  
www.suttons-seeds.co.uk

1/10/D  
Sow by:  
Packed year  
ending:

**15 22 14**